

RACE NOTICE

2018 Teck BC Cup #1 Teck Coast Cups #2/#3 BC Winter Games Trials Zones 3, 4 and 5

RACE EVENTS	Saturday, January 6, 2018	11:00 a.m.	Interval Start – Classic Technique (BC Cup #1, Coast Cup #2, BCWG Trials)
	Sunday, January 7, 2018	10:00 a.m.	Mass Start – Free Technique (BC Cup #1, Coast Cup #2)
LOCATION	Whistler Olympic Park, Callaghan Valley, Whistler		
HOSTED BY	Hollyburn Cross Country Ski Club		
SANCTIONED BY	Cross Country Canada (CCC) and Cross Country BC		
RULES	CCC Rules and Regulations		
TECHNICAL GUIDELINES	Teck Technical Guidelines for BC Cups, BCWG Trials & Coast Cups http://www.crosscountrybc.ca/technical-guidelines		
COMPETITION COMMITTEE	Chief of Competition:	Dirk Rohde	
	Chief of Course:	Andrew Horembala	
	Chief of Stadium:	Polly Uunila	
	Chief of Timing:	Gwendolyn Kennedy	
	Chief of Competition Control:	Chuck Beebe	
	Competition Secretary:	Shelley Woodman	racese secretary@hollyburnxc.ca 604-325-2292
	Technical Delegate:	Jeannie MacDonald	
EVENT WEB-SITE	Information on all event details is on the Hollyburn Cross Country Ski Club website .		
REGISTRATION	Registration and fee payment is online only at Zone4 . Coaches can register with no fee. If you experience any difficulties or have questions about registration please contact the Competition Secretary.		
RACE ENTRY DEADLINE	Entry deadline is: <u>Wednesday, January 3, 2018 AT Midnight PST</u>		
LICENSES	All competitors skiing in Midget, Juvenile, Junior and Open categories of both the interval or mass start races must have at least one of the following licenses: <ul style="list-style-type: none">• CCC Racing License• CCC Supporting Day Member License (can be ordered with on-line registration) Competitors in BANTAM AND YOUNGER classes, and those in MASTERS class, do not need a license to compete but must be members in good standing of a CCC club. If they are not CCC		

club members, participants must pay \$28 to join the hosting club, Hollyburn Cross Country Ski Club, in order to enter in this competition. Names of new club members will be registered with CCBC to meet the insurance requirements.

SEEDING

Both the interval start and mass start skiers in the Masters categories and Bantam Boy/Girl and younger categories will not be seeded. They will be grouped according to their age category and their positions determined by a random draw procedure.

Mass start will use Canada Points List for the draw for Midget through Open age categories, so the leading points holder is at the front of the chevron start.

There will be no seeding for categories that do not require a racing license (e.g., Bantam and younger). Order of start will be by random draw.

REFUNDS

A refund of individual registration fees will only be provided for medical reasons and if the competition secretary receives notification, **WITH** medical documentation, prior to the registration deadline.

START LISTS

Start lists for each day of racing will be posted at the WOP Race Office and will be available online at www.zone4.ca.

RACE OFFICE

The event race office will be in the WOP technical building by the cross country stadium . Hours are as follows:

- Saturday 9:00 a.m. - 1:00 p.m. with bib pickup from 9:00 a.m. - 10:30 a.m.
- Sunday 8:00 a.m. - 1:00 p.m. with bib pickup from 8:00 a.m. - 9:30 a.m.

BIB PICK-UP

Bibs for each day of racing will be distributed to each team from the Race Office upon opening of race office.

AWARDS

Teck, a diversified resource company based in BC, is the title sponsor of the BC Cup series. Teck provides the awards for ages 15 and under. All Atoms will receive a special Teck participant ribbon. Awards for ages 16 and over will be provided by Hollyburn. Awards ceremony will occur directly after each day of racing.

Teck BC Cup Series aggregate awards will be presented at the BC Champs Banquet. Please see the Technical package for more information on the aggregate awards.

CONCESSION

There is a full service café at the WOP Day Lodge.

FACILITIES

The Flex Space at the race site will be available to athletes as shelter. There are toilets there as well but several portable toilets will also be located close to the stadium area.

TRAIL FEES

Trail fees are included in race fees for athletes and coaches. This will be processed at the WOP gate, with athletes' names and use of trail pass or annual pass.

WAX FACILITIES

A limited number of electrical outlets are available outside the Technical Building for waxing irons. There are also a limited number of wax trailers available for rent at Whistler Olympic Park for \$35 plus taxes per day. Contact them at 604-964-0060 or 1-877-764-2455 for further details or to book a trailer.

WAX TESTING

Wax testing on course is allowed up to 5 minutes before the first racer departs.

GLIDE WAX PROTOCOL

Cross Country BC respectfully requests all coaches, athletes, wax technicians and parents to abide by a self-governed protocol while waxing skis for identified races taking place in

British Columbia. This also applies to coaches, athletes, wax technicians and parents traveling to British Columbia from out-of-province or out-of-country.

This protocol does not extend to national-level events held in British Columbia (e.g., NorAms and Western Canadian Championships). Waxing restrictions at those events (if any) are determined by the race organizers in consultation with Cross Country Canada.

Low-fluoro glide waxing protocol:

- Structure tools ARE permitted.
- Non-Fluoro (NF) or Low Fluoro (LF) glide waxes ARE permitted.
- Medium Fluoro (MF) or High Fluoro (HF) glide waxes are NOT permitted.
- Pure Fluoro glide waxes (powders, pucks, blocks and liquids) are NOT permitted.
- Cold weather powder additives and hardeners are NOT permitted.

The above low-fluoro waxing protocol applies to the following races/age categories:

- At local races (i.e., club races, loppets, etc.): the low-fluoro protocol applies to Midget and younger age categories.
- At Regional Cup races (Coast Cup, Okanagan Cup, Kootenay Cup, Northern Cup): the low-fluoro protocol applies to ALL age categories.
- At BC Midget Championships and BC Winter Games: the low-fluoro protocol applies to ALL age categories.
- At BC Cup races (including the BC Championships) that are not combined with a NorAm or CCC/Canada Games selection races: the low-fluoro protocol applies to ALL age categories.

Notes:

- 1) If an athlete chooses to “race up” and compete in a different age category, the athlete is governed by the low-fluoro protocol in place for the category into which he/she races up.
- 2) For BC Winter Games Trials, whether the race is a stand-alone trials or part of a bigger event, the low-fluoro protocol must as a minimum include athletes in the Juvenile and younger categories.

The adherence to this protocol is self-governed and is the responsibility of the coaches, athletes, parents and wax technicians.

COURSE MAPS

Course maps are available on the event website:
<http://www.hollyburnxc.ca>

WEATHER

For current conditions, visit:
<http://www.whistlersportlegacies.com/venues/whistler-olympic-park/weather>

CANCELLATION

A decision to cancel or move this race to a different venue, will be made in consultation with the organizing committee, the Technical Delegate and Cross Country BC. Race fees are not refundable if the event is moved. Race fees will be refunded, minus a small administration fee, if the race is cancelled outright.

ACCOMMODATION

Closest accommodation to Whistler Olympic Park is in Whistler, however Squamish is also quite convenient. The preferred accommodation for the event is:

EXECUTIVE SUITES HOTEL & RESORT SQUAMISH

Phone: 1-877-815-0048 or 1-604-815-0048

Website: executivesuitesaribaldi.com

Email: info@executivesuitessquamish.com

Call the hotel and ask for the “**NORDIC**” rate.

Also, see the following sites for additional accommodation and tourism info:

- Tourism Whistler: whistler.com
- Tourism Squamish: exploresquamish.com

RACE DISTANCES AND FEES

All three events will be integrated. By registering for the BC Cup event, you will automatically be registered in the other events if you qualify based on your club, age or city you live in. The races are the same for all three events and points will be calculated for the Coast Cup events and winners selected for the 2018 BC Winter Games for each zone (3, 4 or 5) based on the qualifying criteria for those events. However, we will not produce separate results for the Coast Cup races or Games Trials; there will only be results posted for the BC Cup #1 races.

Those born in 2003 or 2004 are eligible for the BC Winter Games Trials.

CATEGORY	YEAR OF BIRTH	Saturday, January 6; Start 11:00 a.m. Interval Start Classic Technique BC Cup #1, CC #2, BCWG Trials		Sunday, January 7; Start 10:00 a.m. Mass Start Free Technique BC Cup #1, CC #3	
		Distance:	Fee:	Distance:	Fee:
<u>Atom Boys</u>					
AB1	2012	0.75 km	\$10	0.75 km	\$10
AB2	2011				
AB3	2010				
<u>Atom Girls</u>					
AG1	2012	0.75 km	\$10	0.75 km	\$10
AG2	2011				
AG3	2010				
<u>Peewee Boys</u>					
PB1	2009	1.5 km	\$15	1.5 km	\$15
PB2	2008				
<u>Peewee Girls</u>					
PG1	2009	1.5 km	\$15	1.5km	\$15
PG2	2008				
<u>Bantam Boys</u>					
BB1	2007	2.5 km	\$15	2 km	\$20
BB2	2006				
<u>Bantam Girls</u>					
BG1	2007	2.5 km	\$15	2 km	\$20
BG2	2006				
<u>Midget Boys</u>					
MB1	2005	3.75 km	\$15	3.75 km	\$20
MB2	2004				
<u>Midget Girls</u>					
MG1	2005	3.75 km	\$15	3.75 km	\$20
MG2	2004				
<u>Juvenile Boys</u>					
JVB1	2003	5 km	\$20	7.5 km	\$25
JVB2	2002				
<u>Juvenile Girls</u>					
JVG1	2003	5 km	\$20	5 km	\$25
JVG2	2002				
<u>Junior Boys</u>					
JB1	2001	5 km	\$20	7.5 km	\$25
JB2	2000				
<u>Junior Girls</u>					
JG1	2001	5 km	\$20	7.5 km	\$25
JG2	2000				
<u>Junior Men</u>					
JM1	1999	10 km	\$20	10 km	\$25
JM2	1998				
<u>Junior Women</u>					
JW1	1999	7.5 km	\$20	10 km	\$25
JW2	1998				
<u>Open Men</u>	1997 and greater	10 km	\$25	10 km	\$30
<u>Open Women</u>	1997 and greater	7.5 km	\$25	10 km	\$30
<u>Master Men *</u>	1985 & earlier	10 km	\$30	10 km	\$35
<u>Master Women *</u>	1985 & earlier	7.5 km	\$30	10 km	\$35
<u>Open PN Sit-Ski</u>	Male	2.5 km	\$25	5 km	\$30
<u>Open PN Sit-Ski</u>	Female	2.5 km	\$25	5 km	\$30
<u>Open PN Standing</u>	Male	7.5 km	\$25	10 km	\$30
<u>Open PN Standing</u>	Female	5 km	\$25	7.5 km	\$30