

Coast Cup



Teck



HOLLYBURN
Cross Country Ski Club

RACE NOTICE

2018 TECK COAST CUP #1 Whistler Olympic Park

- DATE:** Sunday, December 2, 2018
- LOCATION:** Whistler Olympic Park, Callaghan Valley, B.C.
- HOST CLUB:** Hollyburn Cross Country Ski Club
- RULES:** CCC rules and regulations
- INFORMATION:**
- | | | | |
|------------------------|------------------|--------------|--|
| Chief of Competition: | Dirk Rohde | 604-942-6410 | info@hollyburnxc.ca |
| Competition Secretary: | Shelley Woodman | 604-325-2292 | racesecretary@hollyburnxc.ca |
| Chief of Timing: | Stephane Deseau | | |
| Chief of Course: | Andrew Horembala | | |
| Chief of Stadium: | Polly Uunila | | |
- ELIGIBILITY:** Skiers must be a member in good standing of a CCC/CCBC club. If necessary, entrants may sign up online as members with the Hollyburn Cross Country Ski Club
- This race is designed to appeal to racers of all levels, from children and their parents just starting out to advanced racers.**
- LICENCES:** No race license is required
- RACE ENTRIES: Online Registration only at:** [Zone4 \(https://zone4.ca/register.asp?id=1945\)](https://zone4.ca/register.asp?id=1945)
Credit card payment is required. E-mail confirmation after registration will be sent if you have registered correctly.
- DEADLINE:** Entries must be received by **Thursday November 29, 2018 at 9:00 p.m.**
NO LATE ENTRIES WILL BE ACCEPTED
- VOLUNTEERS:** No experience required but many volunteers are needed! Please help out and register at: [Zone4 \(https://zone4.ca/register.asp?id=19458\)](https://zone4.ca/register.asp?id=19458)
- DRAW:** Friday, November 30, 2018, posted at <http://zone4.ca>
- START LISTS:** Start lists will be posted on <http://zone4.ca> and available Sunday morning after 8:30 a.m.
- BIB PICKUP:** Bib pickup for the race will be at the race office in the technical building in Whistler Olympic Park between 9:00 a.m. and 10:15 a.m. on Sunday, December 2, 2018.
Bibs must be picked up by 10:15 a.m. All those left will be marked DNS.

AWARDS:

An awards ceremony will be held on site following the races.

INDIVIDUAL AWARDS:

Category (age as of December 31, 2017)	Awards
Atoms (7 year olds and under or born on or before 2011)	Teck participant ribbons
Pee Wee (8 year olds or born in 2010) to Juvenile (14 year olds or born 2004)	Teck medals for top 3 finishers Teck ribbons for 4 th and 5 th finishers
Juvenile (15 year olds or born in 2003) to Masters 60+	Awards for the top 3 finishers

Club AGGREGATE Awards:

Club points are accumulated for each skier who successfully completes the race. Cross Country BC will post the aggregate points earned by participating clubs throughout the season online at:

<http://www.crosscountrybc.ca/teck-regional-cup-series-club-aggregate-awards>

The winner of the Club Aggregate Award will be the club with the most points. The Club Aggregate Award will be presented immediately after the final race of the season

Details	Points
No. of participants in an interval start race	2 points per participant
Top 5 placing in each category	7 (for first place), 6, 5, 4, 3 points
If there are less than five competitors in a category, the points will still begin at 7 points for 1 st place, 6 points for 2 nd place, etc.	
Points are calculated for individuals representing CCBC Coast Zone clubs only	

FACILITIES:

A ski lodge and washrooms are located at Whistler Olympic Park.

PARKING:

Please park in the designated lots as directed upon arrival.

WAXING:

A limited number of electrical outlets are available outside the Technical Building for waxing irons. Waxing trailers are available for rent at Whistler Olympic Park, to contact them phone 1-877-764-2455 for further details or to book a trailer.

**WARM UP/
WAX TESTING:**

A warm up area will be available in the vicinity of the race start. Cross Country BC has Adopted a 'No Fluoro/Low Fluoro policy for all Midget Categories and younger Please see policy: <http://www.crosscountrybc.ca/sites/default/files/documents/CCBC-Glide-Waxing-Protocol v2.pdf>

Low-fluoro glide waxing protocol for Coast Cup applies to all ages:

- Structure tools ARE permitted.
- Non-Fluoro (NF) or Low Fluoro (LF) glide waxes ARE permitted.
- Medium Fluoro (MF) or High Fluoro (HF) glide waxes are NOT permitted. Pure Fluoro glide waxes (powders, pucks, blocks and liquids) are NOT permitted.
- Cold weather powder additives and hardeners are NOT permitted.

Coast Cup



Teck

COURSES:

A course map will be posted online as soon as the course has been finalized. Check the Hollyburn Cross Country Ski Club website at <http://www.hollyburnxc.ca> for the link to the map (see “WHAT’S NEW” section on the Hollyburn Cross Country home page).

CONCESSION:

A light lunch will be served to athletes in the technical building after the races (usually bagels, apples and oranges). A food concession is available on site at the Day Lodge.

Coast Cup



Teck

ACCOMMODATION: Hotels are available in nearby Squamish and Whistler.
The closest accommodations are the following:

Whistler Athletes' Centre

<http://www.whistlersportlegacies.com/venues/whistler-athletes-centre>

Phone: 604-964-0052

Whistler Canadian Hostel

<http://hihostels.ca/westerncanada/331/HI-Whistler.hostel>

Phone: 1-866-762-4122

For additional accommodation options:

Tourist Information

Whistler: <http://tourismwhistler.com>

Squamish: <http://tourismsquamish.com>

RACE SCHEDULE

INTERVAL START – FREE TECHNIQUE

Date: Sunday, December 2, 2018: Teck Coast Cup #1

Location: Whistler Olympic Park, Callaghan Valley, B.C.

Time: 11:00 a.m.

Category	Sub Category	Age on Dec. 31, 2018	Year Born	Distance	Fee*
Atom Boys	AB1, AB2, AB3	5, 6, 7	2013, 2012, 2011	750 m (1x750 m)	10.00
Pee Wee Boys	PB1, PB2	8, 9	2010, 2009	1.5 km (1x 1.5 km)	15.00
Bantam Boys	BB1, BB2	10, 11	2008, 2007	2.5km(1x2.5 km)	15.00
Midget Boys	MB1, MB2	12, 13	2006, 2005	3 km (1x 3 km)	15.00
Juvenile Boys	JVB1, JVB2	14, 15	2004, 2003	5 km (2x2.5 km)	15.00
Junior Boys	JB1, JB2	16, 17	2002, 2001	6 km (2x3 km)	15.00
Junior Men	JM1, JM2	18, 19	2000, 1999	9 km (3x3 km)	20.00
Open Men		20 and over	1998 & earlier	9 km (3x3 km)	20.00
Adaptive Men Stand				6 Km (2x3 km)	20.00
Adaptive Men Sit				2.5 km (1x2.5 km)	20.00
Atom Girls	AG1, AG2, AG3	5, 6, 7	2013, 2012, 2011	750 m (1x 750 m)	10.00
Pee Wee Girls	PG1, PG2	8, 9	2010, 2009	1.5 km (1x1.5 km)	15.00
Bantam Girls	BG1, BG2	10, 11	2008, 2007	2.5 km(1x2.5 km)	15.00
Midget Girls	MG1, MG2	12, 13	2006, 2005	3 km (1 x 3 km)	15.00
Juvenile Girls	JVG1, JVG2	14, 15	2004, 2003	5 km(2x2.5 km)	15.00
Junior Girls	JG1, JG2	16, 17	2002, 2001	6 km (2x3 km)	15.00
Junior Women	JW1, JW2	18, 19	2000, 1999	9 km (3x3 km)	20.00
Open Women		20 and over	1998 & earlier	9 km (3x3 km)	20.00
Adaptive Women Stand				6 km (2x3 km)	20.00
Adaptive Women Sit				2.5 km (1x2.5 km)	20.00

* Fees do not include a trail ticket, which will be available for purchase at a discount rate as part of the online registration; not required if you have a Whistler Olympic Park season pass, which must be purchased before registering for the race and the pass number or confirmation number must be entered when registering for the race.

CANCELLATION: There are no refunds of any kind once a racer registers and then subsequently withdraws from the race or does not show up for the race.

If the organizers are required to cancel the race due to weather or other unforeseen circumstances, then full refunds will be issued with the exception of any online processing fees.

Coast Cup



Teck

SUPPORTERS

Teck

PARTNERS

