



HOLLYBURN
Cross Country Ski Club

RACE NOTICE

2020/2021 TECK COAST CUP #1 Interval Start - Classic Technique

LOCATION	Whistler Olympic Park, Callaghan Valley, B.C.
HOST CLUB	Hollyburn Cross Country Ski Club
RULES	Nordiq Canada rules and regulations
INFORMATION	Chief of Competition: Jake Weaver Competition Secretary: DJ Hay, 604-789-7212, racesecretary@hollyburnxc.ca Chief of Timing: Stephane Deseau Chief of Course: Andreas Sandell Chief of Stadium: Maria Lundgren
ELIGIBILITY	Skiers must be a member in good standing of a NC/CCBC club. If necessary, entrants may sign up online as members with the Hollyburn Cross Country Ski Club This race is designed to appeal to racers of all levels , from children and their parents just starting out to advanced racers.
RESTRICTIONS EVENT AREA	<u>Due to COVID-19 restrictions, spectators are not permitted in the stadium area or field of play during the event.</u> The event area (stadium area, race and warm up trails) will be separated by fencing from the recreational ski trails and day lodge. Only participants who have registered for the event are permitted in the event areas. "Participants" include athletes, coaches and team support personnel as well as event officials and volunteers. Non-participants (e.g., family, friends) are welcome to ski on Whistler Olympic Park recreational trails. Link to WOP trail pass purchase .
LICENCES	No race license is required
RACE REGISTRATION	<u>For COVID tracing purposes, all race participants will be required to register ("participants" = all racers, officials, coaches and support staff including wax techs, drivers, etc.)</u> Registration is only through Zone 4 <i>All participants are required to complete the mandatory Participant Agreement during Zone 4 registration. As a result, registration will be restricted to one entry per cart.</i> Online Registration only https://zone4.ca/reg.asp?id=25136 Credit card payment is required. E-mail confirmation after registration will be sent if registered correctly.

DEADLINE

Entries Deadline **Wednesday December 16, 2020 at 11:59 p.m. (midnight)**
No Late entries will be accepted.

VOLUNTEERS

No experience required but many volunteers are needed! Please help out and register at: <https://zone4.ca/reg.asp?id=25136>

COVID-19 PROTOCOLS

A detailed COVID Safety Plan can be found here: hollyburnxc.ca. It is essential that all race participants read the plan carefully and fully understand it ("participants" = all racers, officials, coaches and support staff including wax techs, drivers, etc.)

Please note that, due to the rapidly evolving nature of COVID-19, requirements may change at any time. Please consult the event website regularly for notices regarding changes.

Participants will be required to fill out the Participant Agreement as part of the Zone 4 registration as well as agree to complete the Self-Assessment Tool prior to arriving to the venue.

Those who do not comply with the plan will be required to leave and not participate further in the event.

Key points:

- All race participants are required to register on Zone4.
- Daily online pre-screening is required by all participants
- Only essential team staff should be on site. Spectating is strongly discouraged.
- Athletes should arrive ready to ski their warm up and leave immediately after their cool down.
- No indoor spaces are available to racers. The day lodge will be off limits to participants. Athletes should be in team vehicles if they need to stay on site.
- Wax rooms are for coaches and support staff only with occupancy limits and masks required.
- No food services provided.

DRAW

8pm Friday December 18, 2020, posted at <http://zone4.ca>

START LISTS

Start lists will be posted Sunday morning after 8:30 a.m. on [Zone 4](#)

BIB PICKUP

Paper Bibs will be used for the race and pickup will be outside of the technical building at Whistler Olympic Park between 9:00 a.m. and 10:15 a.m. on Sunday, December 20, 2020.

Bibs must be picked up by 10:15 a.m. All those left will be marked DNS.

AWARDS

Due to COVID-19 restrictions the Awards Ceremony may be limited to presenter and athlete. Please refer to <https://www.hollyburnxc.ca/> for up to date

INDIVIDUAL AWARDS

Category (age as of December 31, 2020)	Awards
U10-1 (8 years old) U10-2 (9 years old) U12-1 (10 years old) U12-2 (11 years old) U14-1 (12 years old) U14-2 (13 years old) U16-1 (14 years old) U16-2 (15 years old)	Teck medals for top 3 finishers Teck ribbons for 4 th and 5 th finishers
U18 (16 - 17 years old) U20 (18 - 19 years old) Open/Masters (20 years old & older)	Awards for the top 3 finishers

CLUB AGGREGATE AWARDS

Club points are accumulated for each skier who successfully completes the race. Cross Country BC will post the aggregate points earned by participating clubs throughout the season online at:

<http://www.crosscountrybc.ca/teck-regional-cup-series-club-aggregate-awards>

The winner of the Club Aggregate Award will be the club with the most points. The Club Aggregate Award will be presented immediately after the final race of the season

Details	Points
No. of participants in an interval start race	2 points per participant
Top 5 placing in each category	7 (for first place), 6, 5, 4, 3 points
If there are less than five competitors in a category, the points will still begin at 7 points for 1 st place, 6 points for 2 nd place, etc. Points are calculated for individuals representing CCBC Coast Zone clubs only.	

FACILITIES

Park access opens at 8:30am. **There will be no access to the WOP Day Lodge for event participants due to COVID-19 protocols and precautions.** Participants will be responsible to bring all of your own food and drink.

PARKING

Please park in the designated lots as directed upon arrival.

WAXING

A limited number of electrical outlets are available outside the Technical Building for waxing irons. Waxing trailers are available for rent at Whistler Olympic Park at a rate of \$40 per day. **Please contact the [Race Office](#) for wax cabin requests.**

WARM UP

A warm up area will be available in the vicinity of the race start.

WAX TESTING

CCBC Protocol Regarding the Use of Fluorinated Waxes

Cross Country BC has adopted a No Fluoro policy for all age categories at all Teck Regional Cup races, please see **CCBC Non-fluoro Waxing Protocol**.

Non-fluoro waxing protocol applies to all ages for Coast Cup:

- Structure tools ARE permitted.
- Non-fluoro (NF) waxes ARE permitted.
- Fluorinated waxes (excluding grip waxes) or tuning products containing fluorine liquid) are NOT permitted. This includes all types of fluorinated glide wax (e.g., LF, HF, block, powder, liquid)

COURSES

Course maps will be posted online as soon as the courses have been finalized. Check the Hollyburn Cross Country Ski Club website <http://www.hollyburnxc.ca> for the link to the maps.

CONCESSION

As a result of COVID-19 there will be no post race refreshments. Participants must provide their own lunch and snacks.

ACCOMMODATION

Hotels are available in nearby Squamish and Whistler. The closest accommodations are the following:

Whistler Athletes' Centre

<http://www.whistlersportlegacies.com/venues/whistler-athletes-centre>

Phone: 604-964-0052

Whistler Canadian Hostel

<http://hihostels.ca/westerncanada/331/HI-Whistler.hostel>

Phone: 1-866-762-4122

Tourist Information

Whistler: <http://tourismwhistler.com>

Squamish: <http://tourismsquamish.com>

RACE SCHEDULE: Teck Coast Cup #1

INTERVAL START – CLASSIC TECHNIQUE

Date: Sunday, December 20, 2020

Start Time: 10:00 a.m.

Location: Whistler Olympic Park, Callaghan Valley, B.C.

Category	Sub Category	Age on Dec. 31, 2020	Year Born	Distance	Fee*
U10 Boys	U10B-1, U10B-2	8, 9	2012, 2011	1.5 km	15.00
U12 Boys	U12B-1, U12B-2	10, 11	2010, 2009	2 km	15.00
U14 Boys	U14B-1, U14B-2	12, 13	2008, 2007	3 km	15.00
U16 Boys	U16B-1, U16B-2	14, 15	2006, 2005	5 km	15.00
U18 Boys	U18B-1, U18B-2	16, 17	2004, 2003	5 km	15.00
U20 Men	U20M-1, U20M-2	18, 19	2002, 2001	7.5 km	20.00
Open/Masters Men		20 and over	2000 & earlier	7.5 km	20.00
Para-Sit Men				2.5 km	20.00
Para-Stand Men				5 km	20.00
U10 Girls	U10G-1, U10G-2	8, 9	2012, 2011	1.5 km	15.00
U12 Girls	U12G-1, U12G-2	10, 11	2010, 2009	2 km	15.00
U14 Girls	U14G-1, U14G-2	12, 13	2008, 2007	3 km	15.00
U16 Girls	U16G-1, U16G-2	14, 15	2006, 2005	5 km	15.00
U18 Girls	U18G-1, U18G-2	16, 17	2004, 2003	5 km	15.00
U20 Women	U20W-1, U20W-2	18, 19	2002, 2001	7.5 km	20.00
Open/Masters Women		20 and over	2000 & earlier	7.5 km	20.00
Para-Sit Women				2.5 km	20.00
Para-Stand Women				5 km	20.00

* Fees do not include a trail ticket, which will be available for purchase at a discount rate as part of the online registration; not required if you have a Whistler Olympic Park season pass, which must be purchased before registering for the race and the pass number or confirmation number must be entered when registering for the race.

CANCELLATION: There are no refunds of any kind once a racer registers and then subsequently withdraws from the race or does not show up for the race. If the organizers are required to cancel the race due to weather or other unforeseen circumstances, then full refunds will be issued with the exception of any online processing fees.

Coast Cup



Teck

SUPPORTERS

Teck

PARTNERS

