



RACE NOTICE

2023 TECK COAST CUP #2 & BC Winter Games Trials Zones 3,4,5

Saturday, December 30, 2023 @ 10:00 AM

Interval Start - Classic Technique



LOCATION	Whistler Olympic Park, Callaghan Valley, B.C.
HOST CLUB	Hollyburn Cross Country Ski Club
RULES	Nordiq Canada rules and regulations: FIS ICR-CCR (Canadian Competition Rules) Precisions
TECHNICAL GUIDELINES	2024 BCWG Technical Guidelines and 2023/24 Teck Coast Cup Series Technical Guidelines are found on Cross Country BC's website.
INFORMATION	<p>Chief of Competition: Jake Weaver Competition Secretary: Shannon Harris, racesecretary@hollyburnxc.ca Chief of Timing: Kateryna Ananyeva Chief of Course: Andreas Sandell Chief of Stadium: Maria Lundgren Technical Advisor: Dirk Rohde</p>
VOLUNTEERS	No experience is needed and many volunteers are needed! Please contact the Race Office to volunteer.
ELIGIBILITY	This race is designed to appeal to racers of all levels, from children and their parents just starting out to advanced racers.
BCWG ELIGIBILITY	<p>Athletes trying out for the BC Winter Games must be born in 2010 (U14-2) or 2009 (U16-1) and must be a member in good standing of a Zone 3, 4 or 5 club. Athletes born in 2010 may compete in the 2010 or 2009 age categories. Athletes born in 2009 must compete in the 2009 age category.</p> <p>Para skiers of all ages welcome. Those para skiers born between 1988 and 2010 are eligible to qualify for BCWG.</p> <p>Indigenous Participation Program Cross Country BC in partnership with the Indigenous Sport, Physical Activity & Recreation Council (I-SPARC) and the BC Games Society will be offering an Indigenous participation initiative for the Quesnel 2024 BC Winter Games. Up to eight athletes, two coaches and two officials with Indigenous ancestry will be eligible to attend the Games. These spots are in addition to the number of athletes and coaches that are already permitted to attend the Games. The selection criteria for the Indigenous positions are listed in the BC Winter Games Technical Guidelines.</p>
LICENCES	<p>ALL participants must purchase a \$3.00 Tier 3 Event Licence regardless of whether they hold an FIS Licence, Nordiq Canada Race Licence, Development Licence, or Associate Race Licence.</p> <p>This license will only be valid for the competition day for which it is issued and will automatically be added to all race registrations on Zone4.</p>
REGISTRATION	<p>Registration is only through Zone4. Please review your confirmation email to ensure accurate registration.</p> <p>Coaches must register through Zone 4. No fees are required.</p>

DEADLINE	Entry deadline Wednesday, December 27, 2023 at 11:59 p.m. (midnight) LATE ENTRIES WILL NOT BE ACCEPTED.	
TRAIL FEES	All racers must have a Whistler Olympic Park (WOP) season pass for the day of the race. These are not included in your race registration fee but can be purchased at an event discount fee during race registration. Skiers with a WOP pass do not need to purchase a day pass but will need it to gain entry to the Park.	
CANCELLATIONS	Any advance cancellation of the event will be by Cross Country BC in consultation with the organizing committee. A decision to cancel the competition, or races for a specific age category due to the race conditions during an event will be made by the Chief of Competition in consultation with the race organizers.	
REFUNDS	In the occurrence of cancellation by race organizer, a refund of registration fees less administration and event expenses already incurred will be provided post-event. No refunds will be made if an athlete does not participate in the race. Zone4 online booking fees are non-refundable.	
COURSE MAPS	Course maps will be posted online as soon as the courses have been finalized. Check here for the link to the maps.	
DRAW	There is no seeding for this event, a random draw will occur on Thursday, December 28, 2023.	
START LISTS	Start lists will be posted no later than 12:00 pm Friday, December 29 on Zone4 .	
BIB PICKUP	Individual bib and timing chip pick-up will be in the Stadium at the entrance to the start area. Athletes should collect their bib and timing chip 15-30 minutes prior to start time. Bibs not picked up will be marked DNS.	
WAX POLICY	<i>Cross Country BC has adopted a No Fluoro policy for all age categories at all Teck Regional Cup races, please see CCBC Rule Regarding Use of Fluorinated Waxes.</i>	
WARM UP	A warm up area will be available in the vicinity of the race start.	
WAXING	Waxing trailers are available for rent at Whistler Olympic Park at a rate of \$50.00 per day. Please contact the Race Office for wax cabin requests.	
AWARDS	An awards ceremony will be held on site following the races.	
INDIVIDUAL AWARDS	Category (age as of December 31, 2023)	Awards
	U6 (5 years and under) U8 (6 and 7 years old)	Teck participant ribbons
	U10-1 (8 years old), U10-2 (9 years old) U12-1 (10 years old), U12-2 (11 years old) U14-1 (12 years old), U14-2 (13 years old) U16-1 (14 years old), U16-2 (15 years old)	Teck medals for top 3 finishers Teck ribbons for 4 th & 5 th finishers

	<p>U18-1 (16 years old), U18-2 (17 years old) U20-1 (18 years old), U20-2 (19 years old) U23 (20-22 years old) Seniors (23-29 years old) Masters (30 years old & older) Para-Sitting Para-Standing</p>	Awards for the top 3 finishers						
CLUB AGGREGATE AWARDS	<p>Club points are accumulated for each skier who successfully completes the race.</p> <p>Cross Country BC will post the aggregate points earned by participating clubs throughout the season online at: http://www.crosscountrybc.ca/teck-regional-cup-series-club-aggregate-awards</p> <p>The winner of the Club Aggregate Award will be the club with the most points. The Club Aggregate Award will be presented immediately after the final race of the season.</p> <table border="1"> <thead> <tr> <th>Details</th> <th>Points</th> </tr> </thead> <tbody> <tr> <td>Participation</td> <td>2 points/participant who successfully completes the course</td> </tr> <tr> <td>Top 5 placing in each category</td> <td>7 (for first place), 6, 5, 4, 3 points</td> </tr> </tbody> </table> <p>If there are less than five competitors in a category, the points will still begin at 7 points for 1st place, 6 points for 2nd place, etc. Points are calculated for individuals representing CCBC Coast Zone clubs only.</p>		Details	Points	Participation	2 points/participant who successfully completes the course	Top 5 placing in each category	7 (for first place), 6, 5, 4, 3 points
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FACILITIES	Park access opens at 8:30 am. A day lodge and washrooms are located in Whistler Olympic Park.							
PARKING	Please use designated lots as directed upon arrival.							
CONCESSION	A food concession is available on site at the WOP Day Lodge.							
ACCOMMODATION	Hotels are available in nearby Squamish and Whistler. The closest accommodations are the following:							
	<p>Whistler Athletes' Centre http://www.whistlersportlegacies.com/venues/whistler-athletes-centre Phone: 604-964-0052</p> <p>Whistler Canadian Hostel http://hihostels.ca/westerncanada/331/HI-Whistler.hostel Phone: 1-866-762-4122</p> <p>Executive Suites Hotel and Resort Phone: 604-815-4903</p>							
TOURIST INFORMATION	Whistler: http://tourismwhistler.com Squamish: http://tourismsquamish.com							

Teck Coast Cup #2 & BC Winter Games Trials (Zones 3,4,5)

INTERVAL START – CLASSIC TECHNIQUE

Date: Saturday, December 30, 2023
Start Time: 10:00 a.m.
Location: Whistler Olympic Park, Callaghan Valley, B.C.

Age Category	Sub-Category	Age on Dec. 31, 2023	Year Born	Distance	Fee*
U6 Boys	U6B	5 and under	2019, 2018	300 m	15.00
U8 Boys	U8B	6, 7	2017, 2016	750 m	15.00
U10 Boys	U10B-1, U10B-2	8, 9	2015, 2014	1.5 km	20.00
U12 Boys	U12B-1, U12B-2	10, 11	2013, 2012	2.5 km	20.00
U14 Boys	U14B-1, U14B-2	12, 13	2011, 2010	3.0 km	20.00
U16 Boys	U16B-1 , U16B-2	14 , 15	2009 , 2008	5.0 km	20.00
U18 Boys	U18B-1, U18B-2	16, 17	2007, 2006	7.5 km	20.00
U20 Men	U20M-1, U20M-2	18, 19	2005, 2004	10 km	25.00
U23 Men	--	20, 21, 22	2003-2001	10 km	25.00
Senior Men	--	23 - 29	2000 & earlier	10 km	25.00
Masters Men	--	30 and over	1993 & earlier	7.5 km	25.00
Para-Sitting Men	--	--	--	5.0 km	25.00
Para-Standing Men	--	--	--	5.0 km	25.00
U6 Girls	U6G	5 and under	2019, 2018	300 m	15.00
U8 Girls	U8G	6, 7	2017, 2016	750 m	15.00
U10 Girls	U10G-1, U10G-2	8, 9	2015, 2014	1.5 km	20.00
U12 Girls	U12G-1, U12G-2	10, 11	2013, 2012	2.5 km	20.00
U14 Girls	U14G-1, U14G-2	12, 13	2011, 2010	3.0 km	20.00
U16 Girls	U16G-1 , U16G-2	14 , 15	2009 , 2008	5.0 km	20.00
U18 Girls	U18G-1, U18G-2	16, 17	2007, 2006	7.5 km	20.00
U20 Women	U20W-1, U20W-2	18, 19	2005, 2004	10 km	25.00
U23 Women	--	20, 21, 22	2003-2001	10 km	25.00
Senior Women	--	23-29	2000 & earlier	10 km	25.00
Masters Women	--	30 and over	1993 & earlier	7.5 km	25.00
Para-Sitting Women	--	--	--	5.0 km	25.00
Para-Standing Women	--	--	--	5.0 km	25.00

BOLD - BC Winter Games eligible sub-categories

* Fees do not include a trail ticket. Trail tickets are available for purchase at a discount rate as part of the online registration; If you have a Whistler Olympic Park season pass, the pass number or confirmation number must be entered when registering for the race.

SUPPORTERS

Teck

PARTNERS

